



- 12th Annual -
Real Heroes Breakfast



Hero Nomination Form

Wednesday, December 1, 2010
Nicholas J. Pirro Convention Center at OnCenter
7:30 - 9:00 a.m.

The Real Heroes Breakfast grew out of a desire to host an event closely related to the mission of the American Red Cross. The Red Cross provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies. This is done through the simple, yet powerful, process of one person putting their needs aside to help another. Across the nation, over one million Red Cross volunteers do this each day. And, right here in Onondaga and Oswego Counties, dedicated volunteers contribute their time and energies to assist those in need each and every day. In order to celebrate this spirit of humanitarianism, the American Red Cross of Central New York Chapter created an event that honors individuals who have shown courage, dedication and unselfish character by their acts of heroism in our community.

The American Red Cross wants to know about individuals who have demonstrated a life-saving act of heroism. Please complete the following form to nominate a Hero.

Note: A "Hero" may be a single individual or a group of individuals. Please provide all names.

***American Red Cross 12th Annual Real Heroes
Breakfast
Hero Nomination Form***

Nominator Name:

Address:

Day Phone:

Evening:

Cell:

Business:

Email Address:

Hero Nominee:

Address:

Day Phone:

Evening Phone:

Occupation:

Award Category: (please check one):

- | | |
|--|--|
| <input type="checkbox"/> Fire Rescue | <input type="checkbox"/> Military |
| <input type="checkbox"/> Law Enforcement | <input type="checkbox"/> Animal Rescue |
| <input type="checkbox"/> Medical | <input type="checkbox"/> Education |
| <input type="checkbox"/> 911 Dispatch | <input type="checkbox"/> Industrial Safety |
| <input type="checkbox"/> Adult Good Samaritan (20 and over) | <input type="checkbox"/> Good Neighbor |
| <input type="checkbox"/> Youth Good Samaritan (19 and under) | <input type="checkbox"/> Blood Donor |

Nomination Statement

Please state why you are nominating this candidate for a Real Heroes Award. Include any supporting reports, news articles or names and contact information of witnesses we may call to verify the event. Please limit the nomination statement to 500 words or less. **If you are pasting text into the nomination statement box, please use a small enough font to ensure all text is visible without scrolling.**

Nomination Statement:

Click "submit" button below to forward completed nomination online or print & mail it to Amanda Ramsing, Public Support Associate, American Red Cross of Central New York, 220 Herald Place, Syracuse, NY 13202. If you have any questions, please call Amanda at (315) 234- 2225 or email amanda@syrarc.org. **The submission deadline is August 1st, 2010.**